



Randy McDonald
Coach and Mentor

The Program Brochure

Are you an Executive, Professional or Business Owner who has lost track of why you are putting in those long hours and hard work?

Have you lost that spark you once had? Well now you can get it back!

Holistic People Management has an eight-step program and a Consulting Gym* that will help you find the cause, get you back on track, and help you stay there. The program is designed help you to look at yourself “holistically” identifying those areas in your life where you can get the most return on your emotional and time investments. Small changes have major positive impacts!

Lost that spark? Get it back!

Here’s how ...

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THE SHORT OF IT-A SUMMARY OF THE GET THAT SPARK BACK PROGRAM

Why Is There A Need For The Program?	Industry is changing, changing demographics, economics, legislation, bureaucracy and regulation. These external factors, together with the relationships professionals want to develop and maintain in both their business and personal lives, all call for a radical re-think - an emphasis on the basic principles of successfully integrating the individual holistically. It is time to address burnout by discovering the fundamental underlying causes and identifying ways to “Get That Spark Back”!
What Is The “Get That Spark Back” Program?	The “Get That Spark Back” program is a high-intensity, 6-month coaching program focused on 8 key strategies of personal and professional development: <ol style="list-style-type: none">1) Finding Out Where You Are Now2) Crafting Your Vision3) Incorporating Systematic Planning4) Finding Out What Is Stopping You5) Changing Your Belief Systems.6) Enhancing Your Mind Body Relationship7) You & Your World (Clarifying Your Relationships)8) Designing The New Holistic You!
How Is The Program Delivered?	It is delivered by three means during the six month coaching program. Quarterly workshops, (Members and their significant other), plus a monthly telephone conference call and finally The Consulting Gym. – unlimited access to Randy and his support staff via telephone and email, to use Randy as a sounding board, second opinion and someone to help you remain accountable to yourself.
When Is The Program Delivered?	The workshops take place quarterly; the conference calls take place monthly on a set day to allow everyone to plan for the call.
Where Is The Program Delivered?	Quarterly workshops take place in the San Francisco Bay area in locations with good conference facilities.
Who Should Attend the Program?	Anyone who feels that they are “stuck”, or that they have lost the spark, or want to get back on track, or need to define where they are going from here in their lives. Anyone who needs help with their Management skills, or in dealing with their own Management. Someone who wants to redefine themselves.
How Much Does It Cost?	Membership in Get Your Spark Back program is payable by 6 monthly PayPal debits of \$495. (Or two checks for \$1485 one of which will be deposited immediately, and the second on the first day of month 4 of the program). This fee includes the workshop & facilities fees, extensive written material, membership of the Consulting Gym, and refreshments/facilities during the workshops.
Who Delivers The Program?	Randy McDonald has been a coach and mentor for over twenty years. He has over 22 years of functional management experience with exceptional credentials, including executive positions with several Bay area and Colorado-based companies. He will share exciting insights and ideas in his seminars and as your coach. Yes! He has also experienced burnout and “Lost That Spark” more than once. He did however “Get It Back”!
What Do You Do Next?	The easiest way to sign up is to log on to holisticmanagement.net and complete the enrollment information on line.

WHY?

TEN REASONS WHY NOW IS A GOOD TIME TO JOIN THE PROGRAM!

- 1. The world is changing**

Business in the world is making a metamorphosis. People will no longer just do as they are told; they now need to have the reason explained. The reaction of management to these changes will fall into three categories:

 1. Those who bury their heads in the sand and refuse to recognize that change is taking place.
 2. Those who allow the changes to 'happen to them' and are tossed and turned by the tide.
 3. Those who recognize that those changes represent a springboard filled with opportunity for the future.

- 2. People are becoming better educated about living balanced lives**

The old days of an individual simply working long hours for the company are ending quickly. The public is currently receiving an education from the media on the full range of lifestyles and choices available to them and on how to live a more balanced life. We now know that an employee, who lives a balanced life encompassing work, rest, and play with a "holistic" approach to their life, is a happier and more productive employee.

An executive, manager or business owner now needs to know how to incorporate these elements into first their own lives and then into the workplace to be truly successful.

- 3. Both the younger and older workers are focused on "Quality of Life"**

During an economic downturn like we have been experiencing, employee retention is easy. However; those people who allow themselves to be badgered into working in less than optimal conditions, are unhappy and will leave for better conditions as soon as the economy improves. If you are unhappy or dissatisfied in your job, be assured that this ripples down to anyone who works for you and creates a morale problem throughout the organization. Are you willing to loose your best people as soon as the economy improves because you have lost that spark? Or because your own life is out of balance?

- 4. Job Markets and companies are evolving to address burn-out in the workplace.**

It is hard to pick up the newspaper today without seeing an article about employee burn-out. The organizations that will be the first to recover and take advantage of the next economic up turn will be those whose management are leading balanced lives and who have provided a five star working environment for their employees. An environment which provides the employee an opportunity for a balanced work, rest and play scenario - providing a high quality of life.

- 5. Good Management is 98% understanding people, 2% technical knowledge**

Many managers are 'junkies' when it comes to learning new technical skills. How many times in the last five years did either you or your senior staff attend courses devoted to learning new technical skills? As opposed to how much time you have devoted to developing what are currently being called "soft skills"? When was the last time you sat down and took a good long look at your entire life and how balanced the various aspects of it are? How can you understand the needs of your staff, family and loved ones, if you do not have clarity in your own life? A successful leader understands themselves fully and as a result is able to understand the needs and wants of their employees, family and others. **They lead by example!**

WHY “continued”

6. People have 3 to 4 careers in their lifetime

If you are at a point in your life or career where you are stuck and contemplating a “change”, you are now in the majority. Most people have three or four careers during their working life. Are you prepared to just continue to drift? Would you like some help in actually planning where you go from here? 80% of the people just drift from job to job without planning where they are going, the other 20% lead balanced happy lives. Which of these are you? If you fail to plan, you are planning to fail. This philosophy doesn’t just apply to you as a manager; it applies to your whole team and takes into consideration the working environment as well. We are here to help put a compass back in your life and career. If you don’t learn these skills now, when will you learn them?

7. Years of study distilled just for you

There is no question that you could get this education by reading book after book, attending seminars, and studying how to make these changes. We have done the work for you and distilled the “wisdom” into a program that gives you the benefit of techniques and methods from the “greats” in each area and aspect of our program. We are offering a quicker way to get back on track, get your spark back and get on with your life. We would suggest that you need to have this training and coaching, not just for yourself but for the senior members of your team as well.

8. If you carry on doing things the same way as you always have, you will continue to get the same result

The choice is yours, if you want a different result; you have to try doing something differently. That’s what ‘The Get That Spark Back’ program is all about – doing things differently and working to a series of templates which have been proven year after year to affect lasting change and progress for individuals who use these techniques. Some of these techniques have been applied successfully by thousands of individuals across the last twenty-five years.

9. Successful People have successful habits - unsuccessful people have unsuccessful habits

All success and failure in life is based largely on habit. In order to make improvements in our lives it is essential to start by establishing and reinforcing successful habits. ‘The Get That Spark Back’ program delivers a proven system by which you can gradually replace your unsuccessful habits with successful ones. Coaching is about small incremental changes in habit made consistently over a several month period - the sum total of which is to create enormous change. *People using these proven techniques report a new peace of mind, more time away from work to rest and play, and a greater sense of wellbeing. They report less stress, less chronic fatigue and fewer problems.*

10. Eagles don’t flock

Successful people rarely have the opportunity to gather together in a nonjudgmental and non-competitive environment. Attendees at our quarterly workshops report an increased sense of camaraderie as the program progresses. Friendships form and conversations and meetings take place outside the format of the program itself. We have even observed practice teams visiting each other’s premises to compare notes and procedures. Most importantly, managers themselves tend to exist in a very lonely environment and the ‘The Get That Spark Back’ program introduces them to a community of like-minded people with a common objective.

WHAT?

THE EIGHT KEY STRATEGIES OF THE GET THE SPARK BACK PROGRAM

Strategy 1 – Finding Out Where You Are Now

Several tools are provided to help you assess where you are in many areas of your life. One of them will clearly demonstrate for you where your life is out of balance if you answer the questions honestly.

Sample topics include:

- Environment
- Financial control
- Health
- Relationships
- Tolerations

Strategy 2 – Crafting The Vision

Here you will be working not only on a vision for your Organization or Business but also on crafting a personal mission statement for yourself.

Business topics include:

- Three year vision
- One year plan
- 90 day goals
- 30 day detailed plan
- Daily task list

Strategy 3 – Incorporating Systematic Planning

During this segment of the Eight-Step Program we will be introducing you to a revolutionary concept: Actually planning the time to Plan into your schedule. Survey says: “Every hour you plan, saves you 10 actual hours of work.” Now that is a good ROI (return on investment)!

Planning to include:

- Scheduling time to plan
- When to plan
- When to re-plan
- Knowing when the plan is not working
- Project Planning

Strategy 4 – Finding Out What Is Stopping You

During this section of the Program you will be guided through a series of exercises to help you identify your limiting beliefs. In other words, unconscious belief systems that are holding you back without your being aware of them. Perhaps something your parents said so often when you were a child that you adopted it as a belief. Here is a possible example: “Money is the root of all evil!” This is a misquote, but one that you often hear, I know my mom said it often enough. The real quote is: “The love of money is the root of all evil.”

Some of the other areas include:

- Your “Primary Question”***
- Towards values & rules**
- Away from values & rules**

WHAT “continued”

Strategy 5 - Changing Your Belief Systems

Here you will be instructed in several possible methods of changing your belief systems. We will give you one big clue right now, (if you are not aware of what is driving you or holding you back – how can you change it?). We will also examine the six Human Needs** and help you learn how to determine which are being satisfied by a destructive behavior.

Some of the tools discussed will be:

Getting leverage**
The pain/pleasure principle**
Using the Dickens pattern**

** Courtesy of Tony Robbins of Robbins Research

Strategy 6 – Enhancing The Mind Body Relationship

So few of us realize just how much our mood depends on our physical state of being, or how our body state effects our mood. Here we will discuss in great deal these relationships and give some practical tools to help you at any time to quickly change your mental or physical state.

Topics include:

How your body effects your mind
How your mind effects your body
Nutrition
Exercise

Strategy 7 – You & Your World (Clarifying Your Relationships)

We will cover the following relationships, what they have in common and what might be different between them, to help you better understand and improve the relationships in your life.

Relationships will include:

Spouse
Boss
Subordinates
Others

Strategy 8 – Designing The New Holistic You!

During this section of the seminar you will be encouraged to adopt some new habits and approaches to your daily life. Just adopting one or two of the recommendations can have a major impact on your life and ongoing attitude. You can have that spring in your step, want to get up in the morning, and have that red-hot spark back in your life.

Life modifying suggestions will include:

A better way to start the day
Exercise (what a little walk can do for you)
Nutrition (Being aware of your body’s balance)
Hydration and weight control

HOW?

EIGHT THINGS YOU NEED TO KNOW ABOUT HOW THE PROGRAM IS DELIVERED

1. Quarterly workshop

We hold a full-day workshop once a quarter; from 9am-5pm with 15 minute coffee breaks morning and afternoon and a 30 minute break for lunch (provided). This is a high-intensity coaching day. Clients tell us how quickly the day seems to pass and how exhilarated they feel at the end of it. Throughout the six months of the program these four quarter days will be split into four sessions - based on the Eight Key Strategies - as follows:

Quarters One and Three (Q1 & Q3) In the Morning	Finding Out Where You Are Now Crafting The Vision
Quarters One and Three (Q1 & Q3) In the Afternoon	Incorporating Systematic Planning Finding Out What Is Stopping You
Quarters Two and Four (Q2 & Q4) In the Morning	Changing Your Belief Systems Enhancing The Mind Body Relationship
Quarters Two and Four (Q2 & Q4) In the Afternoon	You & Your World (Clarifying Your Relationships) Designing The New Holistic You!

Each day begins with general introductions and a brief feedback session on the highs and lows of your individual previous quarter. At the end of the day we will ask you to spend some time setting goals for the next quarter. A key feature of the feedback session at the end of the day is a sense of accountability to yourself and the group for the progress that you will make before the next quarter. Meeting proceedings are obviously confidential but as the six months progresses, clients develop a camaraderie which enables them to share their 'highs and lows' in a non-judgmental atmosphere.

We actively encourage you to bring guests to the workshop - spouses, partners and senior team members have all been welcomed and clients report that the opportunity to bring key support staff has been of major benefit in their career development. A small charge will be levied to cover facility costs if you chose to bring additional guests.

In addition, all clients are invited back, free of charge, to attend the first quarterly workshop of the following six months. This enables you to finish your coaching on a high note, to reconnect with friends made during the coaching program and to inspire new joiners with your stories of success. So for 6 monthly payments you will attend a total of 3 workshops.

HOW? “continued”

2. Monthly teleconference calls

Every month we invite all our clients to join us on the telephone for an hour-long tele-forum on a specific subject.

We have a dedicated number which can accept an unlimited number of incoming callers, all of whom can hear and speak to each other.

We will supply the subject heading and start the ball rolling, but we often find that the clients themselves contribute the most valuable material as they share their successes and failures.

3. **The Consulting Gym**©

During the six months of your program membership you have unlimited access to us by telephone and E-mail to answer all questions, however large or small they may be.

For example, clients call for a quick chat about money, about people, about prices, about literature, about family - or just because they're down and they need somebody to talk to. We regularly receive E-mails containing the text of proposed letters/brochures/memos.

We encourage and welcome all such inquiries for which there are no hidden charges - it's all part of the service.

We want to become a partner in your career and your life during the time of your program membership - nothing will be too much trouble.

4. **Workbooks and checklists**

One of the most valuable ways to teach you new techniques is through the vehicle of the self-assessment checklist.

We have developed - and are constantly developing - new checklists to apply to all aspects of the program.

These represent a permanent record of the areas in which you need to improve and we would actively encourage their use by the whole team to facilitate project management.

We are happy to supply you with copies of the checklists, either in writing or on disc and we don't mind how many times you reproduce them. Alternatively, you can download checklists from our website.

5. **Recommended reading list**

During the six months we will recommend that you read at least six books. A list of books (and the order in which they need to be read) will be supplied at the beginning of the program. We'll expect you to buy them yourself and we will expect you to read them.

They have all been hand-picked to assist you in the transformation process. Some of them will be familiar to you such as Stephen Covey's 'The Seven Habits of Highly Effective People' and Michael Gerber's 'The E-Myth Revisited'. Others may not be so familiar, but we are sure that they will have a profound impact upon you.

HOW? “continued”

6. Goal setting and feedback

We’ve already made reference to the fact that, at the quarterly workshop, you’ll be invited to start the day by reporting on your progress and end the day by committing yourself to goals for the next quarter. This process of accountability and feedback will become more familiar to you as you progress through the program.

The first myth to dispel is that clients in the program are in some form of competition where the one who makes the most progress is the winner.

Our definition of success is “doing what you want to do, when you want to do it and with the people that you want to do it with”.

Whether you are at the beginning of your career or ‘an old hand looking for an exit route’ you must understand that the program will be a safe place in which to discuss your own strengths and weaknesses.

Many clients report that this process of continual accountability and feedback is a key component in the benefit they derive from the program.

7. The Advisory Council

We do not profess to know all of the answers. Frequently, our advice to clients is to sub-contract a problem out to a specialist. As a result, we have qualified and chosen a panel of experts who we feel can help in the following areas:

Accounting
Team-building
Graphic design
Website design
Banking and asset finance
Marketing and sales literature
Financial planning and tax planning

We receive no introductory commissions or financial benefit from anyone on this advisory council. In this way, we can maintain our impartiality and freedom to give you the best help possible. We will simply facilitate an introduction should a need arise and then it will be up to you to decide whether you like the style of the people that we introduce you to and to negotiate your own terms and conditions of business with them.

Occasionally, membership in ‘The Get That Spark Back’ program may entitle you to a discount from some of these organizations, but again we would receive no benefit.

8. Synergy

A rewarding aspect of the program is the way in which individual participants have formed friendships with those they have met in the workshops. Sometimes geographically close, sometimes far apart. We know that members discuss issues with each other on the phone and have even organized their own exchange visits from one practice to another.

WHO?

EIGHT TYPES OF INDIVIDUALS WHO WILL MOST BENEFIT FROM THE PROGRAM

We could say: Anyone who wants a better quality of life, who wants more time to live life, who wants to feel excited about what life has to offer and who wants more time away from the job and better relationships. Additionally anyone who wants less stress, fewer problems, less chronic fatigue and less hassle. In other words anyone who needs that Spark Back!

1. Young Managers and professionals looking to make a substantial investment in their quality of life.

We all know what they teach you about real life in school could be written on the back of an envelope. Where do you go to learn the skills you need to really succeed in the business world? Usually you get these skills by observation – both good and bad, essentially by trail and error! Watching those at your first few jobs. Few of us have the time and money to go get an MBA before starting our career. An older executive will tell you that he would love the opportunity to start over knowing what he does now – so why not do it right from the start?

2. Those looking to put together a well laid out plan for their lives.

A bank will tell you that they will give you a business loan if you have a well prepared business plan. So off you go and return with your plan and a spreadsheet. The bank loans you the money if you have some security. Most people spend more time preparing for their vacation than they do preparing for their life. It is even doubtful if anyone has ask you questions like these:

Do you have the following prepared for your life:

- A set of written goals?
- A Vision Statement?
- A Mission Statement?
- A personal three year plan?

3. People looking to stand out from the crowd.

During the next ten years (and longer) your life and career will need to differentiate you from the masses if you are to be extremely successful. To broaden your marketability and really stand out you will need to narrow your focus and become an expert in something. (If you want to be super successful it should be something you love doing.) What is the positive difference that will make you stand out from the crowd?

4. Anyone who is “stuck” and needs to get their life or career back on track.

Are you walking around in a fog? Can you sense a vision for your future, but can't quite grasp what it is? Are there opportunities all around you, but you can't seem to grab one and hold on? Do you feel like you have reached an income ceiling and are bouncing off?

The “Get that Spark Back” Program will help you organize all of the knowledge you have, all the skills you have developed, and all your innate abilities. We will guide you in extracting these from the daily clutter and complexities of life and help you return to a simpler place where you can clarify your life and your goals.

WHO? “continued”

- 5. Anyone who is struggling with their personal or professional life.**

Do feel like you are in trouble in your personal or professional life? Do you have your head down slogging through the day, hoping every day that the next one will be better? Well, the answer is not in working harder, or burying your head in the sand. It is time to **DO SOMETHING ABOUT IT!** We will help you identify root cause and refocus on what will help you break that logjam and move forward. We will help you get that Spark Back!

- 6. An executive or business owner whose staff is dysfunctional or in anarchy.**

How often does a Business Owner or executive hide in their office and leave the staff to create their own rules, or exist without any?

We want you to identify those people on staff who drag the team down and eliminate them, rather than tolerate them, and we want you to create an environment that fosters good morale.

We want you to learn to delegate rather than being a micro-manager.

We want you to communicate with your staff rather than isolating yourself from them.

- 7. Anyone looking to change careers or find a true calling in life.**

Have you heard the term “Center of Authenticity? Do you know what yours is? Well everything we have said so far will help you find yours, and thereby give you the path towards your future!

- 8. Someone who has been laid off and needs to reassess where to go from here.**

Most of us spend some time in shock after we have been laid off, as does the staff remaining at the company. All of us can use some help in reassessing where we are and where we want to go from here. Many times a layoff is really a blessing, if we take the time to realize it. We have time to look at life and see if we want to make a change, or go in a new direction. Often it is just exactly the **WAKE-UP** call that we need! The “Get That Spark Back” Program is the perfect tool to help you through this process!

**YOUR
COMMITMENT**

**EIGHT COMMITMENTS YOU WILL NEED TO MAKE IN THE NEXT SIX
MONTHS TO FIT THE PROGRAM INTO YOUR SCHEDULE**

- | | |
|--|--|
| 1) An open mind | <p>We are going to say a lot of things to you, some of which may sound like heresy. While everything we say is not for everyone, these tools and techniques have been around and in use for over 25 years with proven results.</p> <p>Feel free to accept or reject anything we say – we do not believe we have all the answers. We do believe that style is not transferable, (please remember it is the message not the messenger). We do not expect blind obedience – please speak up if some of our ideas don't fit your style and we can work together to adapt and improve them.</p> |
| 2) Two Full days | <p>If you do not make the quarterly workshops, you will not get what you are paying for. These are key to your learning what you need to know to make progress.</p> |
| 3) One hour a month | <p>To attend the monthly teleconference calls</p> |
| 4) Homework | <p>This will be kept to a minimum, however; if you are not willing to do what is needed, you will not get everything you can from the program. If we agree to a goal during a meeting, we will also set a deadline for achieving the goal, and we will expect you to meet the deadline more often than not!</p> |
| 5) Reading | <p>We will expect you to read six books off of the recommended reading list during the course of the program, (one per month), and we expect you to plan the time to do it.</p> |
| 6) 10 minutes a day to reflect, 20 minutes to plan, and 30 minutes of exercise | <p>During the course of the program we would ask you to make the commitment to set aside 30 minutes a day, (either at the start of the day or the end of the day), to reflect on your achievements and plan for the next day. We will help you with a structure to do this. You will soon view this as your "Hour of Power" and it is most preferably to be done at the start of the day.</p> |
| 7) Visiting the Consulting Gym | <p>We have mentioned earlier that you essentially have unlimited access to us as your second opinion and sounding board. Some clients use this extensively, others not at all. The facility is available to you – use it or lose it. Just like a real Gym – if you don't visit, there are no refunds!</p> |
| 8) Constructive criticism and feedback | <p>We encourage clients to speak up when we say things that fall outside of their boundaries. We are all human, and we are relying on you to tell us when we don't have it right!</p> |

TERMS AND CONDITIONS

NINE THINGS YOU NEED TO KNOW: THE PROMISES WE MAKE TO YOU, THE PROMISES WE EXPECT YOU TO KEEP, AND THE COST

1) The price and how it is paid

The cost of membership in the “Get That Spark Back” Program is \$495.00 per month. This includes attendance at the seminars by a significant other if their name shows up on the registration form. It may be paid for in two ways:

- 1) The most preferable is to sign up on our website: holisticmanagement.net, if you do so you will be billed monthly to your credit card.
- 2) You may send a check to the address listed on the Contact Us page of the website for the first 3 months of the program, (\$1485.00) and an identical check before the end of the third month you are enrolled.

2) Tax write-off

In some cases, the cost of the program may be considered a tax write-off, please consult with your Tax Professional.

3) Refund Policy

Our refund policy is that there are no refunds! We want your commitment to work through the entire program with us to assure that you receive the maximum benefit. We want to see the whites of your eyes and we want to lock you into a program that has a significant track record of success.

This is not some half-hearted attempt to give you some life coaching – this is a high intensity six month coaching program, the object of which is to produce very significant changes in your career and lifestyle!

4) Company Funding

Some organizations will pay for the program; it is up to you to make those arrangements directly with your company. We will accept a check from the company with the same conditions noted above.

5) Our Promise to you

- That we will assist you in establishing your Mission and Vision statements
- That we will assist you in translating them into Goals and help you create a plan of action to achieve them.
- That we will give you workbooks and tools that will assist you in restructuring your career and personal life, for productivity, leadership, balance and integrity.

6) Your Promise to us

That you will remain “coach able” throughout the six months of the program, always willing to listen and learn, but with the final veto as to whether you accept or reject the input. Additionally of course, that you actually show up to be helped.

7) Testimonials and Recommendations

Our business grows primarily by referral, so if you become a raving fan, we ask that you recommend the program to others.

Towards the end of the Program, we will ask you to supply us with a testimonial letter, (on your letterhead if you have one) outlining the biggest benefits you have received from the Program. We ask that you give your permission to use it as marketing material.

TERMS &
CONDITIONS
“continued”

8) The Advisory Council

We want to stress that while we may occasionally refer you to other professional advisors:

- We never seek introductory commissions or fees from these other people; this is to assure that we remain impartial.
- Should you decide to buy products or services from them, you will be dealing directly with them and we will be out of the loop! Caveat emptor.

9) What happens at the end of six months?

Flexibility is the watchword here. This takes many forms.

- History shows that about one third of the clients feel that they have completed the program and do not come back.
- Roughly two thirds stay with the program for another cycle.
- Some people pay to return for the Seminar or a few additional months of coaching.
- A few ask to enter the advanced group which is by invitation only after having completed the core program.

What we will do at the end of the program is have a one on one discussion to determine what is best for you and try and come up with a win-win situation for us both.

WHAT NEXT?

YOU JUST JOINED THE GET THAT SPARK BACK PROGRAM SO WHAT IS NEXT?

Here is what you signed up for:

1) The Consulting Gym

Normal, Hours are Tuesday-Thursday 7:00 AM – 4:00 PM,

The Gym is closed Friday-Monday

(In an emergency, you may call Monday during the same hours and all four days emergency only 4:00-5:00 PM)

The Gym is available to you today, (if you signed up during the hours it is open), you may call and start your one on one phone coaching at the contact number on the website, as soon as this information propagates through the system, (give it an hour or two)

2) Monthly Teleconferences

You will be invited to the next one, and sent the Bridge line information early enough to plan for the call.

3) Quarterly Seminars

You, (and a significant other if you listed them during the sign-up process) have tickets to the next two Quarterly Seminars, if you are interested you can check on the dates and venues on the website today. You will also be sent an email notification as a reminder.

Please note that you will be automatically signed up for the newsletter to assure that you receive all the benefits and notifications in case of changes.

If you wish to sign up and have not done so yet.

Please go to the “TO BOOK” page on the website at holisticmanagement.com and follow the instructions there.

Anything Stopping You?

If you need more information or have any questions please contact us and we will be happy to answer them!

Randy's Professional Mission Statement

Below is a combined Mission Statement/life philosophy which I hope will give you a better insight to who and what I am in both my professional and personal life.

Professionally:

To act as the SPARK that helps re-ignite the fire in others spurring them to action as they redefine their mission and goals in life.

To foster the awareness that between stimulus and response there is always the freedom to choose.

To focus on my unique abilities and to effectively delegate (but not abdicate) all else.

As a professional coach - to assist clients in the implementation of the eight key strategies.

To give my clients:

Vision and insight

Constructive feedback

Advice and counsel

Critical analysis

Support and encouragement

A good role model

Self-confidence and a stronger self-esteem

A safe place to discuss ideas and options

To have assisted clients in establishing their own consuming vision of the future, to translate that vision into goals and to have established a plan of action.

To be a principal trusted adviser and friend.

In my role as entrepreneur - to remember that I can gain nothing in my professional life without giving something first. To earn the respect of my strategic partners and my peers.

To be a leader, guide and role model to my support team. To create and maintain a self-motivated championship support team who consider working with us to be the inspiration to fulfill their own potential. To continually ask for and listen to suggestions as to how we can improve. To share generously in our present and future profits.

To constantly search for and acquire new skills and technologies that will add value to our client and staff relationships.

To ensure that through careful financial management The Holistic People Management remains debt free, financially strong and thus creates security for both clients and support team.

To become an internationally recognized speaker, writer and mentor who as a result is able to help many people regain the spark that is missing from their lives, and help them to create permanent transformation in their professional and personal lives.

Randy's Personal Mission Statement

Personally:

In my role as Husband, Father and Son, to act with integrity in being best friend and lover to my wife, "Happily ever after" as she says.

To be a shining example, teacher and role model to my son – an example both in what to do and what not to do for him.

For my father, always show my love and gratitude for what he did for us!

To keep all of my promises, and to provide unconditional love and adequate time for each of them.

In my role as a spiritual being – be thankful for the blessings of the universe and constantly demonstrate love. When I am asked, help those who are searching for spiritual answers.

In my role as a friend, to be proactive in my concern. To be constant and unconditional in my friendship.

In my role as a community volunteer - to devote a portion of my time and energy to help those in need.

For myself - to maintain fitness and health through nutrition, sleep, exercise and meditation. Through exercise to maintain strength, agility, flexibility and endurance.

To design and create a perfect life and environment.

To achieve and maintain financial independence.

To eliminate stress and to share many years of peace, prosperity and balance with those I love.

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