

A CLEAN SLATE



Name _____

Date _____

Have you ever wondered what it would be like to start all over again, knowing what you know now - but with a completely clean slate? All of that personal experience, learning and wisdom? None of those complications, legacies, obligations, doubts, limiting beliefs, traditions, tolerations, mistakes? Well now you can...

Steps:

- 1 Find a quiet place, free from interruption and schedule some time for yourself.
- 2 Imagine that you were able to change your professional or personal life over the next 90 days, with all of your assets and skills but with none of your liabilities and perceived weaknesses.
- 3 Write a list of the top 10 things that you would do differently, or have differently around you, over the coming 90 days.
- 4 Take time to consider what you have written.
- 5 Ask yourself - "so what would happen if I did this anyway, made these decisions, requests and put in place these boundaries?"
- 6 Consider the outcome[s].
- 7 Consider the possibility of doing things differently anyway!

BUSINESS

- ① _____
- ② _____
- ③ _____
- ④ _____
- ⑤ _____
- ⑥ _____
- ⑦ _____
- ⑧ _____
- ⑨ _____
- ⑩ _____

PERSONAL

- ① _____
- ② _____
- ③ _____
- ④ _____
- ⑤ _____
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- ⑩ _____